

Physical Whimsical

3rd Annual Walk/5k Fun Run

To Prevent Childhood Obesity

Saturday May 7, 2011

Otsiningo Park - Binghamton, NY

Registration begins @ 9 am - Walk/ 5K Fun Run starts @ 10 am

Pre-Registration for the Walk/Run:

Registration Fees:

_____ \$10.00 Adult entry fee (Children under 10 free)

_____ \$10.00 for T-Shirts (Please check size)

Small _____ Med _____ Large _____ 1X _____ 2X _____ 3X _____

Return entry to:

Southern Tier Surgical Clinic

30 Harrison St Suite 320

Johnson City, NY 13790

Make Checks payable to: Southern Tier Foundation for Healthcare

Name: _____

Address: _____

City: _____ State: _____

Zip: _____

Age: _____

Sex: M _____ F _____

Phone: _____

Email: _____

Please list names and ages of all children attending:

Name: _____ Age _____

Name: _____ Age _____

Name: _____ Age _____

Name: _____ Age _____

Athletes Release Form:

I know participating in a race is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, am in good health, and am properly trained. I agree to abide by any decision of the race official relative to my ability to safely complete the event. I assume all risks associated with participating in this event including but not limited to, falls, contact with other participants, the effects of weather, and conditions of the course, all such risks being known and understood by me, having read this waiver and knowing these facts in consideration of accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Southern Tier Surgical Clinic, sponsors, agencies, partners, municipalities, their representatives, and successors for all claims and liability of any kind arising out of my participation in this event.

Signature: _____

Date: _____

Parent/Guardian Signature

(If under age 18) _____

Date: _____

Emergency Contact Name: _____

Emergency Contact Phone: _____